

## NUTRITION INFORMATION

Average amount per  
100mL made up formula

Energy	284 kJ
Protein	1.8 g
Whey:casein	40:60
Fat, total	3.0 g
Linoleic Acid (Omega-6)	559 mg
$\alpha$ -Linolenic Acid (Omega-3)	56 mg
Carbohydrate	8.4 g
Lactose	8.4 g
Galactose	<0.01 g
Taurine	4.8 mg
Inositol	13 mg
L-Carnitine	1.4 mg
<b>Minerals</b>	
Calcium	78 mg
Copper	47 $\mu$ g
Iodine	15 $\mu$ g
Iron	1.0 mg
Magnesium	6.2 mg
Manganese	4.0 $\mu$ g
Phosphorus	55 mg
Selenium	1.5 $\mu$ g
Zinc	0.6 mg
Chloride	62 mg
Potassium	77 mg
Sodium	19 mg
<b>Vitamins</b>	
Vitamin A	80 $\mu$ g
Vitamin B <sub>6</sub>	40 $\mu$ g
Vitamin B <sub>12</sub>	0.2 $\mu$ g
Vitamin C	6.3 mg
Vitamin D <sub>3</sub>	1.1 $\mu$ g
Vitamin E	0.7 mg
Vitamin K <sub>1</sub>	3.5 $\mu$ g
Biotin	1.5 $\mu$ g
Niacin	0.7 mg
Folate	12.5 $\mu$ g
Pantothenic Acid	345 $\mu$ g
Riboflavin	152 $\mu$ g
Thiamin	39 $\mu$ g
Choline	4.8 mg
<b>Nucleotide Monophosphates</b>	
Adenosine-5'-monophosphate	0.6 mg
Cytidine-5'-monophosphate	1.5 mg
Guanosine-5'-monophosphate	0.2 mg
Inosine-5'-monophosphate	0.3 mg
Uridine-5'-monophosphate	0.5 mg