

NUTRITION INFORMATION

Average amount per
100mL made up formula

Energy	278 kJ
Protein	1.4 g
Alpha-lactalbumin	0.23 g
Whey:casein	60:40
Fat, total	3.7 g
Linoleic Acid (Omega-6)	668 mg
α -Linolenic Acid (Omega-3)	68 mg
Omega LCs	
Docosahexaenoic Acid (DHA)	8.5 mg
Arachidonic Acid (ARA)	14.9 mg
Carbohydrate	6.7 g
Lactose	6.7 g
Galactose	<0.01 g
Galacto-oligosaccharides (prebiotics)	0.4 g
Taurine	5.0 mg
Inositol	12.5 mg
L-Carnitine	1.2 mg
Minerals	
Calcium	45 mg
Copper	47 μ g
Iodine	12 μ g
Iron	0.9 mg
Magnesium	5.3 mg
Manganese	5.4 μ g
Phosphorus	32 mg
Selenium	1.7 μ g
Zinc	0.4 mg
Chloride	45 mg
Potassium	66 mg
Sodium	18 mg
Vitamins	
Vitamin A	87 μ g
Vitamin B ₆	37 μ g
Vitamin B ₁₂	0.14 μ g
Vitamin C	7.1 mg
Vitamin D ₃	1.0 μ g
Vitamin E	1.1 mg
Vitamin K ₁	3.4 μ g
Biotin	1.4 μ g
Niacin	0.7 mg
Folate	12 μ g
Pantothenic Acid	237 μ g
Riboflavin	75 μ g
Thiamin	43 μ g
Choline	14 mg
Nucleotide Monophosphates	
Adenosine-5'-monophosphate	0.6 mg
Cytidine-5'-monophosphate	1.5 mg
Guanosine-5'-monophosphate	0.2 mg
Inosine-5'-monophosphate	0.3 mg
Uridine-5'-monophosphate	0.5 mg